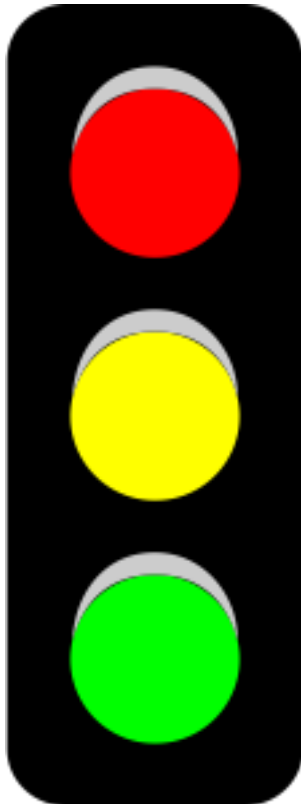


The following guidelines will be used to determine when games/practices will take place in HOT weather conditions.

Heat Index										
Relative Humidity										
Temperature		40	45	50	55	60	65	70	75	80
	80	80	80	81	81	82	82	83	84	84
	84	83	84	85	86	88	89	90	92	94
	90	91	93	95	97*	100*	103*	105*	109	113
	94	97*	100*	103*	106	110	114	119	124	129
	100	109	114	118	124	129	130			



Stop Level

Temperatures/heat index are **ABOVE 105°F** and potential for heat illness is elevated and dangerous. No one is having fun! All games and practices will be canceled/postponed until temperatures/heat index drop to **Caution** level.

Caution Level

Temperatures/heat index are **BETWEEN 92°F-105°F** and potentially dangerous. All age groups should take precautions and mandatory water breaks are instituted at the halfway mark of each half of gameplay, and every 15 minutes of practice. These are NOT OPTIONAL or open to dispute by any coach or official.

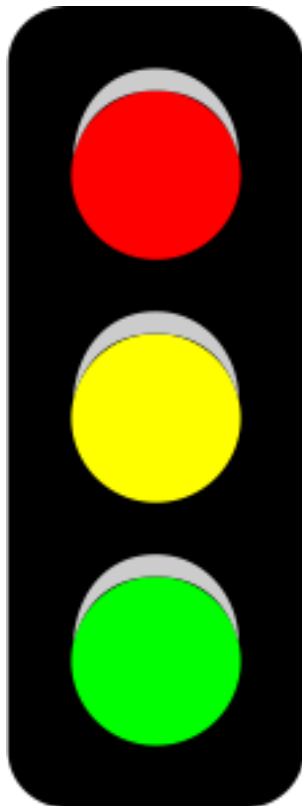
*U6/U8 age groups will have reduced game times with 8 minute quarters.

Go Level

Temperatures/heat index are acceptable for play. Individual precautions should still be taken to avoid heat related illnesses.

The following guidelines will be used to determine when games/practices will take place in COLD weather conditions.

		Wind Chill Factor									
		Wind Speed									
Temperature		Calm	5	10	15	20	25	30	35	40	
	50	50	48	46	45	44	43	42	42	41	
	40	40*	36*	34	32	30	29	28	28	27	
	30	30	25	21	19	17	16	15	14	13	
	20	20	13	9	6	4	3	1	0	-1	
	10	10	1	-4	-7	-9	-11	-12	-14	-15	



Stop Level

Temperatures/wind chill are **BELOW 30°F** and too dangerous and uncomfortable. No one is having fun! All games and practices will be canceled/postponed until temperatures/wind chill rise to **Caution** level.

Caution Level

Temperatures/windchill are **BETWEEN 30°F and 36°F** and uncomfortable for most. All U6/U8 games/practices will be postponed/canceled until temperatures/wind chill rise to **Go** Level. U10 & up age groups should take precautions to maintain safety.

Go Level

Temperatures/wind chill are **ABOVE 36°F** and acceptable for play.

*U6/U8 age groups will have reduced game times with 8 minute quarters. All other age groups are full Go. **All ages are full Go ABOVE 40°F**